



2024

Center of Transformation (CoT)

Program Curriculum

Facilitator Handbook –

Week 4 Session

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Developed By

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Week 4: Workforce Readiness: Career Path Exploration

Duration: 45 minutes

Week 4 Introduction (Video):

- Welcome Members back briefly recap Week 3.
- Explore workforce readiness in global climate change.
- Introduce careers in global climate change, transportation, and energy industries.
- Summarize this week’s activities.

Objectives: The objectives of this session are to:

- Explore careers in global climate change, transportation, and energy industries to prepare teens to the workforce tomorrow.
- Expose teens to careers that can help solve the impacts of climate change.
- Brainstorm questions to ask career professionals.

Facilitator Time Commitment: 3 hours maximum

- Weekly Check-in Meetings: 1 hour per week (or less)
 - Please ensure that at least one person from your organization joins us each week so that we can share important CoT updates, answer questions, and ensure program alignment.
 - Join Zoom Meeting
 - <https://us02web.zoom.us/j/89252599378?pwd=Mkg0Um5QL2QzUzBLYUxkUzZSY21TUT09>
 - Meeting ID: 892 5259 9378
 - Passcode: 727575
- Session Preparation: 30 minutes per week (or less)
- Session Facilitator: 1 hour
- Reporting and Feedback: 30 minutes per week

Facilitator Instructions:

- Set up:
 - Learning Content: Open an Internet window and have the Introductory and Learning Videos ready to play. The weekly session content and videos can be found at: <https://www.clubhouseatyourhouse.com/week4>. Scroll down to the “Weekly CoT Session” section of the web page and click on the specific week.
 - Virtual Facilitation:
 - Open the Zoom room at least 15 minutes before the start of the session.
 - CoT Virtual Session Zoom Link (for Tuesdays at 5:30 pm EST): <https://us02web.zoom.us/j/86164296749?pwd=RWNuSWxUdzVaVmhPRjRuamhiVTIEQT09>
 - Some teens may join individually and others may join in a group at a local club. This may present some challenges with individual exercises and

- activities. Ensure that teens in the same room still have access to electronic devices to complete their assignments.
- Club/Organization facilitators may want to participate and help facilitate the discussion with the teens.
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.
- In-person facilitation:
 - Arrive at least 15-30 minutes before the start of the session to set-up and prepare.
 - Teens should have access to electronic devices for individual assignments.
 - Print the *Career Path Exploration Worksheet* for your group (located at the end of Week 4 below).
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.
- Introduction Video: Begin the weekly session by playing the weekly BCGGW CoT Introduction video.
 - Set-up: It is recommended to set up the teen space before the teens join, test the projector/TV connection and play the video to check the video and audio features
 - Ensure that teens have access to electronic/mobile devices with an Internet connection.
 - The video will welcome teen members to the program and provide a brief overview of the CoT Program, the calendar of events, and how the weekly sessions are designed.
 - The video link is: <https://www.clubhouseatyourhouse.com/week4>.
 - Learning Video:
 - Play the learning video of the week: Title (6:51): <https://youtu.be/7pl3yxhN6K8?si=qaBNB44-poQS5xw3>
 - Set-up: It is recommended to set up the teen space before the teens join, test the projector/TV connection and play the video to check the video and audio features.
 - Ensure that teens have access to electronic/mobile devices with an Internet connection.
 - The video will introduce the topic of the week and provide teen members with basic learning information to complete the weekly activity.
 - Exercise or Activity: Career Path Exploration
 - Download and/or print the *Career Path Exploration Worksheet* and complete the worksheet.
 - CoT Facilitator will solicit 1-2 teen members to volunteer to share about their notable career professional. (Take pictures and videos of teens sharing).

- CoT Facilitators should collect and email all the *Career Exploration Path Worksheets* to: Cot@bgcgw.org after their session.

Wrap Up

1. Debrief Questions: Discuss the session with teens and ask them questions:
 - What did your notable career figure or professional do in the transportation or energy industry?
 - What was one thing that surprised you about your notable career figure or person?
 - What kind of education or training did they have?
 - What kinds of jobs or companies did they work for?
2. Facilitator:
 - Submit *Career Path Exploration Worksheet*. Email them to CoT at: cot@bgcgw.org.
 - Provide an Overview of Week 5. Remind teens to plan to join the Tuesday, February 27, 5:30 pm EST virtual round table discussion or share the recording during your normal session for Week 5.
 - Submit weekly pictures and video clips and email them to: cot@bgcgw.org.
 - Record weekly attendance for Week 4.

Week 4 Session:

| Duration | Activities | Facilitator | Resource(s)/ Material(s) |
|-----------------|---|--------------------|---|
| 5 min | Week 4 CoT Video | BGCGW/CoT Staff | <ul style="list-style-type: none"> Video link: https://www.clubhouseatyourhouse.com/week4 |
| 5 min | Video: 60 Careers to Do to Combat Climate Change | Club Facilitator | <ul style="list-style-type: none"> Learning video: https://www.youtube.com/watch?v=7pl3yxhN6K8 |
| 5 min | Career Path Exploration Activity Instructions: Teens will research one career of interest related to the Transportation mode selected in Week 2 and energy source explored in Week 3. | Club Facilitator | <ul style="list-style-type: none"> Instructions |
| 30 min | <p>Career Exploration Activities:</p> <p>Part 1: Research a notable figure or person in transportation or energy trace their career path and Complete the <i>Career Path Exploration Worksheet</i>.</p> <p>Part 2: Write down 2-3 questions to ask the Career Professionals in Week 5 (include the questions on the <i>Career Path Exploration Worksheet</i>).</p> <p>Part 3: Have 1-2 teen members share about their notable career figure or professional with the group.</p> | Club Facilitator | <p>Resource:</p> <ul style="list-style-type: none"> Download or print the: <i>Career Path Exploration Worksheet</i>: https://www.clubhouseatyourhouse.com/week4 |
| 5 min | Wrap-up | Club Facilitator | <ul style="list-style-type: none"> ○ Debrief questions. ○ Week 5 overview. ○ Submit <i>Career Path Exploration Worksheet</i> |

Outcomes:

- Submit ***Career Path Exploration Worksheet***. Email them to CoT at: cot@bgcgw.org.
- Provide an Overview of Week 5. Remind teens to plan to join the Tuesday, February 27, 5:30 pm EST virtual round table discussion or share the recording during your normal session for Week 5.

Center of Transformation***Career Path Exploration Worksheet***

Week: _____ **Name:** _____ **Club:** _____ **Date:** _____

Notable Career Professional Name: _____

GCC, Transportation or Energy Industry: _____

Education (College & Major and/or Specialized Training/Certifications):

Current Company/Organization: _____ **Current Title:** _____

Describe their role and how it relates to global climate change, transportation or energy:

List two other companies and roles they had before the one they have now:

Share one interesting fact about your Notable Career Professional:

What careers in global climate change, transportation and/or energy are you interested in?

Career Professional Questions

If you could ask a career professional any question(s) what would like to ask? These questions may be asked during the Week 5 Career Professional Round Table discussion.

1. _____

2. _____

3. _____
