



2025

Center of Transformation (CoT)

“Wrap Up & Program Evaluation”

Facilitator Handbook –

Week 10 Session

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Developed By

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Week 10: Wrap Up & Program Evaluation

Greetings! You made it to Week 10 in CoT!!! In Week 9, we focused on advocacy and action.

This week we will focus on wrapping up the CoT 10-week program and completing the program evaluation. Please use this handbook to help you facilitate your weekly session.

Teen Members are strongly encouraged to pay close attention to the CoT Intro and Learning Videos.

Session Duration: 60 minutes (1 hour) one day per week.

Objectives: The objectives of this session are to:

1. Wrap up the 10-week CoT program.
2. Review the Final Project submission guidelines for all three components.
3. Complete the CoT Program Evaluations (for CoT participants and Facilitators) and submit all required documents:
4. Evaluate CoT participant food sustainability awareness and program effectiveness.
5. Complete and submit Program Evaluations:
 1. (CoT Teens) 2025 CoT Program Evaluation:
<https://forms.office.com/r/P1N7aBLcbg>
 2. (CoT Facilitator) 2025 CoT Program Evaluation:
<https://forms.office.com/r/uWFGZ1qtMX>

Facilitator Time Commitment: 3 hours maximum

- Weekly Check-in Meetings (Mondays at 1:00 pm EST): 1 hour per week (or less)
 - Please ensure that at least one person from your organization joins us each week so that we can share important CoT updates, answer questions, and ensure program alignment.
 - Join Zoom Meeting
 - <https://us02web.zoom.us/j/89252599378?pwd=Mkg0Um5QL2QzUzBLYUxkUzZSY2lTUT09>
 - Meeting ID: 892 5259 9378
 - Passcode: 727575
- Session Preparation: 30 minutes per week (or less)
- Facilitated Session: 1 hour

Facilitator Set Up Instructions:

- Curriculum & Videos: The weekly session content and videos can be found at: <https://www.clubhouseatyourhouse.com/cot>. Scroll down to the “Weekly CoT Session” section of the web page and click on a specific week.
- Virtual Session Facilitation:
 - The Zoom room will open 15 minutes before the start of the session.
 - CoT Virtual Session Zoom Link (for Tuesdays at 5:30 pm EST):
<https://us02web.zoom.us/j/86240200821?pwd=bdzAhVMKunhfdNgD5aEktKOGq7UvoK.1>
 Meeting ID: 862 4020 0821
 Passcode: 951492
 - ***Teens should join the Zoom from individual devices and prepare to engage and keep their cameras on.***
 - Club/Organization facilitators should also join the virtual session and participate and help facilitate the discussion with teens.
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.
 - Note: Clubhouse @ Your House will run a separate session on Thursdays.
- In-person facilitation:
 - Arrive at least 15-30 minutes before the start of the session to set-up and prepare.
 - Teens should have access to electronic devices and the Internet for weekly activities.
 - The weekly session curriculum content and facilitation instructions can be found on the CoT website at <https://www.clubhouseatyourhouse.com/2025week10>
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.

Week 10 Intro (Video):

- Begin the weekly session by playing the weekly BGCGW CoT Intro video.
- The video will welcome teen members back for Week 10 of CoT, provide a brief recap of Week 9, and share key dates.
- The intro video can be accessed at:
<https://www.clubhouseatyourhouse.com/2025week10>.

Activity: Sustainable Art Project

This week, CoT Project Teams will develop their Sustainable Art Projects based on a food sustainability topics discussed in Weeks 1-9. **This is the third Final Project Competition Component. Please take this activity serious.**

Each Project Team will:

In Week 3, all Project Teams made their sustainable art project selection on the online *Sustainable Art Project Type Submission* at:
<https://forms.office.com/r/iT5zChY1vI>.

**Week 3: Sustainable Art Project Type
Submission**



Project materials were shipped to each project team. Now, each project team will develop a sustainable art project that aligns with one or more of the food sustainability topics covered during the 10 weeks of programming (sustainability, food systems, food waste, food justice, AI in the food industry, careers in the food industry, advocacy and action, etc.).

Sustainable Art Project Types:

1. **Magazine Collage Mural:** Create a collage mural from old magazines and newspapers clippings to depict healthy & sustainable foods or another climate change topic covered. Project team members can begin collecting recycled materials.
2. **Vision Board for Climate Change & Food:** Create a vision board to address one of the climate change and food topics that visually represents a challenge, solution, and hope for future change or improvement through action (i.e. food insecurity, food desserts, food injustice, recycling, overflowing landfills, hunger, etc.).
3. **Photography Collage:** Illustrate a topic related to climate change and food from visuals seen in your neighborhood or community. Project team can take and print pictures on a poster board. Must be original pictures taken by the project team (not others or on the Internet).
4. **Trash-to-Treasure Sculpture:** Create a sculpture using recycled and/or discarded materials (i.e. food wrappers, plastic bottles, cardboard, scrap metal, plant seeds, and food containers, etc.) to highlight how food and food waste contribute to greenhouse gas emissions. Project team members can begin collecting recycled materials.
5. **Painting:** Create a collaborative painting that illustrates an aspect of the climate change & food theme (i.e. sustainable foods, plants, leaves, or flowers, food images, food desserts, recycling, waste disposal, food injustice, etc.). Consider using natural dyes from plants, fruits, and vegetables to create texture art.

In Week 1, CoT participants at each Club or Organization organized and chose project team names. For groups larger than 10 teens, should divide themselves into at least two teams. Jr. CoT and CoT Teens can participate on the same project teams. Each project team selected and submitted project team names using the online Project Team Worksheet at: <https://forms.office.com/r/hTPRBuWuv6>.

No.	Club/Organization	Project Team Name	
1	BGC Atlantic City	ACE	Trash-to-Treasure Sculptures
2	BGCGW – Heiser	All Stars	Climate Change Vision Board
3	BGCGW – Heiser	Elite	Trash-to-Treasure Sculptures
4	BGC Greater Augusta	Annex Squad	Trash-to-Treasure Sculptures
5	BGC Greater Augusta	The Dub Squad	Trash-to-Treasure Sculptures
6	BGC Greater Augusta	T-Town	Painting
7	BGC Greater Augusta	WACO Elite	
8	BGC the Valley	AriZona Vibez	Trash-to-Treasure Sculptures
9	BGC the Valley	The Little Rascles	Photography Collage
10	BGC Newark	Brick City	Climate Change Vision Board
11	BGC Annapolis	BGCAA “Green Thumbs”	Photography Collage
12	BGC Middle Tennessee	Climate Change All Stars	Painting
13	BGCGW – Hylton	Climate X	
14	BGC Manatee County	DeSoto Dominators	Trash-to-Treasure Sculptures
15	BGCGW – Clubhouse @ Your House	Eco Thunder	Photography Collage
16	BGCGW – Clubhouse @ Your House	Green Peace	Climate Change Vision Board

17	BGC North Alabama	Heat Wave	Photography Collage
18	BGCGW – Herbivores	Germantown	
19	BGCGW - Alloy	NOVA Nation	Trash-to-Treasure Sculptures
20	BGCGW – Alloy	The Bruzz	Painting
21	BGC Puerto Rico	Climate Change Experts	Photography Collage
22	BGCGW - Clubhouse 14	Team Global	Climate Change Vision Board
23	BGCGW – Jelleff	Teen Titans	Photography Collage
24	BGC Tampa Bay	We ARE Change	Climate Change Vision Board
25	BGC Metro Richmond	Zero Emission Mission	Photography Collage
26	BGCGW - Drew Freeman	Team Eyas	Trash-to-Treasure Sculptures
27	BGCGW – Murraygate	Team MG	Painting

Sustainable Art Project Materials: Materials were shipped to each project team who selected a sustainable art project. The list of shipped materials for each project are provided below. Project teams can add additional materials to complete their final project.

1. **Mural College:** Not selected by any project team. No materials provided.
2. **Vision Board for Climate Change & Food:**

Foam board	24" x 36"
Glue stick (washable)	N/A
Push pins	1/8"
Marker set	N/A
Double sided clear tape	N/A
Stickers (environmental protection)	N/A
Ruler	12 inches
Stencils	1.5 inch

3. **Photography Collage:**

Foam board	24" x 36"
Photo Paper	8.5"x11"
Glue stick (washable)	N/A
Push pins	1/8"
Marker set	N/A
Double sided clear tape	N/A
Stencils	1.5 inch

4. **Trash-to-Treasure Sculpture:**

Duct tape (15 yards by 2 inch)	2 inches
Black yarn	560 yards
Push pins	1/8"
Marker set	N/A
Gorilla Glue	N/A
Stickers (environmental protection)	N/A

5. **Painting:**

Canvas	24" x 36"
Paint brush set	6 brushes
Acrylic paint (washable)	2 oz
Paint trays	12

Requirements	Evaluation Points
Sustainable Art Project: Each project team will develop a sustainable art project that aligns with one or more of the food sustainability topics covered during the 10 weeks of programming (sustainability, food systems, food waste, food justice, AI in the food industry, careers in the food industry, advocacy and action, etc.).	10 points
Creativity: Design or artwork is creative and innovative.	10 points
Art Expression: Art project tells a story or expresses an artistic concept (is self-explanatory and requires no explanation).	20 points
Full Group Participation: All project team members must participate in the project.	10 points

Facilitators:

- Please ensure Project Teams complete their Sustainable Art Project.
- Submit the Sustainable Art Project **(by the end of Week 10 but no later than April 18th)**. Ship ***Sustainable Art Projects*** to:

Boys & Girls Clubs of Greater Washington
 Attention: Dr. Christie Murray
 4103 Benning Road, NE
 Washington, DC 20019
 (771) 202-3832

(Provide tracking information to ensure package is delivered to the correct address).

- Ensure Program Evaluations are submitted:
 - (CoT Teens) 2025 CoT Program Evaluation:
<https://forms.office.com/r/P1N7aBLcbg>
 - (CoT Facilitator) 2025 CoT Program Evaluation:
<https://forms.office.com/r/uWFGZ1qtMX>

CoT Teen Registration QR Code



Facilitator Program Evaluation Survey



Wrap Up:

- Debrief Questions:
 1. What was one new thing you learned about food sustainability that you did not know before?
 2. How has your project team organized to complete the Sustainable Art Project?
- (Facilitators):
 1. Submit the Sustainable Art Project **(by the end of Week 10 but no later than April 18th)**. Ship ***Sustainable Art Projects*** to:

Boys & Girls Clubs of Greater Washington
 Attention: Dr. Christie Murray
 4103 Benning Road, NE
 Washington, DC 20019
 (771) 202-3832

(Provide tracking information to ensure package is delivered to the correct address).
 2. Submit Weekly Attendance at:
 - a. BGCGW Clubs: <https://bit.ly/2025CoTbgcgwWeeklyattendance>
 - b. External Organizations: <https://bit.ly/2025CoTOrgWeeklyAttendance>
 - c. Look for your club/organization name on the tabs at the bottom, add the date of your session and place an X next to each teen who attended the session.

Week 10 Session:

Duration	Activities	Facilitator	Resource(s)/ Material(s)
5 min	Intro Video	BGCGW/CoT Staff	Video Link: https://www.clubhouseatyourhouse.com/2025week10 .
45 min	Activity: Sustainable Art Project This week, CoT Project Teams will develop their Sustainable Art Project. <i>This is the third Final Project Competition Component. Please take this activity serious.</i>	CoT Facilitator	Submit the Sustainable Art Project to: cot@bgcgw.org and specify (by the end of Week 10 but no later than April 18th): Ship Sustainable Art Projects to: Boys & Girls Clubs of Greater Washington Attention: Dr. Christie Murray 4103 Benning Road, NE Washington, DC 20019 (771) 202-3832 (Provide tracking information to ensure package is delivered to the correct address).
5 min	Wrap-up <ul style="list-style-type: none"> • Ask Debrief Questions • Submit the Sustainable Art Project. • Submit weekly attendance at: <ul style="list-style-type: none"> ◦ BGCGW Clubs: https://bit.ly/202 	CoT Facilitator	Submit the Sustainable Art Project to: (by the end of Week 10 or no later than April 18th): Submit Program Evaluations:

	5CoTbgcgwWeeklyattendance o External Organizations: https://bit.ly/2025CoTOrgWeeklyAttendance		<ul style="list-style-type: none"> • (CoT Teens) 2025 CoT Program Evaluation: https://forms.office.com/r/P1N7aBLcbg • (CoT Facilitator) 2025 CoT Program Evaluation: https://forms.office.com/r/uWFGZlqtMX
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Debrief Questions

1. What was one new thing you learned about food sustainability that you did not know before?
2. How has your project team organized to complete the Sustainable Art Project?

Outcomes and Actions:

- Wrap up the 10-week CoT program.
- **CoT Program Evaluations:**
 - (CoT Teens) 2025 CoT Program Evaluation: <https://forms.office.com/r/P1N7aBLcbg>
 - (CoT Facilitator) 2025 CoT Program Evaluation: <https://forms.office.com/r/uWFGZlqtMX>
- **Sustainable Art Project Submissions:** (Facilitators) Work with your project teams to ***ship their Sustainable Art Projects*** to: **(no later than April 18th)**
 Boys & Girls Clubs of Greater Washington
 Attention: Dr. Christie Murray
 4103 Benning Road, NE
 Washington, DC 20019
 (771) 202-3832

(Provide tracking information to ensure package is delivered to the correct address).

- **Teen registration:** Submit for teens who have participated in CoT but not registered at:
https://forms.office.com/pages/responsepage.aspx?id=wMbn5SKgPEmkiN_P2rlo2a6nyY660AY9EnUlg_QE4tJhUNUZJSDEISlpSSUZaMU8yUTU5QTA3VVRWVS4u&route=shorturl
- **Weekly Attendance and Activities** at:
 - BGCGW Clubs: <https://bit.ly/2025CoTbgcgwWeeklyattendance>
 - External Organizations: <https://bit.ly/2025CoTOrgWeeklyAttendance>

- Look for your club/organization name on the tabs at the bottom, add the date of your session and place an X next to each teen who attended the session.