



2025

Center of Transformation (CoT)

“Climate Change & Food”

Facilitator Handbook –

Week 1 Session

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Developed By

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Week 1: CoT Overview and Introduction to Climate Change

Welcome to Week 1 of the 2025 CoT Program! We are super excited to have Jr. CoT Teens, CoT Teens, and CoT Facilitators joining us for a third year! This year, we will raise teen awareness of global issues by focusing on “Climate Change & Food.”

This handbook contains the program curriculum to implement the Week 1 session. This week's session will focus on providing an overview of CoT and introducing climate change, the science behind the phenomena, and why climate change matters.

Teen Members are strongly encouraged to pay close attention to the CoT Intro and Learning Videos.

Session Duration: 60 minutes (1 hour) one day per week

Objectives: The objectives of this session are to:

- Introduce members to the Center of Transformation (CoT) and provide an overview of the 10-week program, final project competition, Jr. CoT celebration, and invitations to the CoT Summit.
- Provide a basic understanding of climate change, greenhouse gases, why climate change is important, and how it affects us all.
- Organize teens into project teams and choose a project team name.
- Complete the online Teen Registration Form (if not already complete).

Facilitator Time Commitment: 3 hours maximum

- Weekly Check-in Meetings (Mondays at 1:00 pm EST): 1 hour per week (or less)
 - Please ensure that at least one person from your organization joins us each week so that we can share important CoT updates, answer questions, and ensure program alignment.
 - Join Zoom Meeting
 - <https://us02web.zoom.us/j/89252599378?pwd=Mkg0Um5QL2QzUzBLYUxkUzZSY2lTUT09>
 - Meeting ID: 892 5259 9378
 - Passcode: 727575
- Session Preparation: 30 minutes per week (or less)
- Facilitated Session: 1 hour
- Reporting and Feedback: 30 minutes per week.

Facilitator Set Up- Instructions:

- Curriculum & Videos: The weekly session content and videos can be found at: <https://www.clubhouseatyourhouse.com/cot>. Scroll down to the “Weekly CoT Session” section of the web page and click on a specific week.
- Virtual Facilitation:
 - The Zoom room will open 15 minutes before the start of the session.
 - CoT Virtual Session Zoom Link (for Tuesdays at 5:30 pm EST):
<https://us02web.zoom.us/j/86240200821?pwd=bdzAhVMKunhfdNgD5aEktKOGq7UvoK.1>

Meeting ID: 862 4020 0821
Passcode: 951492
 - ***Teens should join from individual devices and prepare to engage and keep their cameras on.***
 - Club/Organization facilitators should also join the virtual session and participate and help facilitate the discussion with teens.
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.
 - Note: Clubhouse @ Your House will run a separate session on Thursdays.
- In-person facilitation:
 - Arrive at least 15-30 minutes before the start of the session to set-up and prepare.
 - Teens should have access to electronic devices and the Internet for weekly activities.
 - The weekly session curriculum content and facilitation instructions can be found on the CoT website at <https://www.clubhouseatyourhouse.com/2025week1>.
 - Take pictures and video clips of your group and email them to: cot@bgcgw.org.

Week 1 Intro (Video):

- Begin the weekly session by playing the weekly BCGGW CoT Intro video.
- The video will welcome teen members to the program, provide a brief overview of the CoT Program, share key dates, specify who is eligible to participate in CoT (and the CoT Summit), introduce featured activities, and explain how the weekly sessions are designed.
- The intro video can be accessed at:
<https://www.clubhouseatyourhouse.com/2025week1>.

Week 1 Learning Moment (Video):

- The learning video will align with the topic of the week. After the Intro video, the facilitator should play the weekly learning moment video for teens. This video will provide teens with valuable climate change information needed to be successful for that week.
- Learning Moment Video: What is Climate Change (6:03)
<https://youtu.be/EuwMB1Dal-4?si=edQNHZpa0999qUJY>.

Exercises/Activities:

Activity #1: Choose a Project Team Name

Work with teens to establish the project teams and choose a project team name. Teens at each club or site will work together as part of a team. Jr. CoT and CoT Teens can participate on the same project teams.

Each team should:

- Select a project team name
- Submit a Project Team Worksheet and list all team members' names.
- Complete the online Project Team Worksheet at: <https://forms.office.com/r/hTPRBuWuv6>.

Activity #2: Kahoot! Game Competition

The game will be based on the CoT overview and learning moment video that introduced climate change.

Object of the Game: Teen Members will compete against each other to see who will get the most points by answering CoT questions correctly and fast.

Game Questions: There are 20 questions. The top 3 winners will win a prize.

Facilitators:

- Please test the game before launching it with your teens.
- Make sure you have a free Kahoot! Account.
- Use the **host link to launch** a live game for your group.
<https://create.kahoot.it/share/2025-week-1-cot-game/260c6ccb-5cd0-4e2f-a9fa-de55824d46ed>
- Find the **2025 CoT Week 1 Game**.
- Click **Host Live** to start a game with your teens.

- **Start** the game in **Classic Mode**.
- **Provide the players the Game Pin**.
- When all players have joined with their names showing. **Start the game**.
- Winner: Each CoT Facilitator must email the 1st, 2nd, and 3rd place winner names online at: <https://forms.office.com/r/PCna8RjjVu>.

Teens:

- Teens should use the link (www.kahoot.it) or scan the **QR code**

Kahoot! QR Code



- Enter the Game ID (XXXXXX).
- Enter a **Nickname**. **Do not use a nickname**. Enter your **REAL** first name to win a prize.
- Play the game. Good luck!
- **Winners:** Each CoT Facilitator should email the 1st, 2nd, and 3rd place winner names online at: <https://forms.office.com/r/PCna8RjjVu>.


Wrap Up:

- Debrief Questions:
 - What was one new thing you learned about the Center of Transformation?
 - What was one new thing you learned about climate change?
 - Did you know that how we handle food can affect the climate?
- (Facilitators):
 - Submit weekly attendance at:
 - BGCGW Clubs: <https://bit.ly/2025CoTbgcgwWeeklyattendance>
 - External Organizations: <https://bit.ly/2025CoTOrgWeeklyAttendance>
 - Look for your club/organization name on the tabs at the bottom, add the date of your session and place an X next to each teen who attended the session.

- Submit Kahoot! 1st, 2nd and 3rd place winner names at:
<https://forms.office.com/r/PCna8RjiVu>.
 - Encourage teens to complete the **Teen Registration Form online** (*if not completed already*) at: <https://bit.ly/2025cotteenregistration>.
- (Teens):
- Submit the **Project Team Name Worksheet** for each group at:
<https://forms.office.com/r/hTPRBuWuv6>.
 - Complete the **Teen Registration Form online** (*if not completed already*) at: <https://bit.ly/2025cotteenregistration>.

Week 1 Session:

Duration	Activities	Facilitator	Resource(s)/ Material(s)
10 min	Intro Video	BGCGW/CoT Staff	Video Link: https://www.clubhouseatyourhouse.com/2025week1
5 min	Learning Moment Video: "What is Climate Change"	CoT Facilitator	Video Link: (6:03) https://youtu.be/EuwMB1DaI-4?si=edQNHZpa0999qUJY
15 min	<p>Activity #1: Choose a Project Team Name</p> <p>Teens at each club or site will work together as part of a team for all ten weeks and for the final project. Encourage the teens to be creative with Teams can be comprised of Jr. CoT and CoT Teen members.</p> <p>Each team should:</p> <ul style="list-style-type: none"> • Select a project team name. • Complete the online Project Team Worksheet and include all team members' names at: https://forms.office.com/r/hTPRBuWuv6 	CoT Facilitator	Submit the Project Team Worksheet and include all team members' names at: https://forms.office.com/r/hTPRBuWuv6

<p>25 min</p>	<p>Activity #2: Kahoot Game Competition</p> <ul style="list-style-type: none"> • Make sure you have a free Kahoot! Account). • Use the host link to launch a live game. https://create.kahoot.it/share/2025-week-1-cot-game/260c6ccb-5cd0-4e2f-a9fa-de55824d46ed • Find the 2025 Week 1 CoT Game. • Click Host Live to start a game session. • Start the game in Classic Mode. • Provide teens the Game Pin. ○ Provide the players the Game Pin. ○ When all players have joined with their names showing. Start the game. 	<p>CoT Facilitator</p>	<ul style="list-style-type: none"> • Kahoot! play link for teens: Kahoot.it • Use the game ID or scan the QR Code. <p style="text-align: center;">Kahoot! QR Code</p> 
<p>5 min</p>	<p>Wrap-up</p> <ul style="list-style-type: none"> • Ask Debrief Questions • Submit Kahoot! Winners to CoT (1st, 2nd, 3rd place) • Complete the Project Team Worksheet. 	<p>CoT Facilitator</p>	<ul style="list-style-type: none"> ▪ Submit Kahoot! Winners at: https://forms.office.com/r/PCna8RjjVu. ▪ Project Team Worksheet: https://forms.office.com/r/hTPRBuWuv6.

Debrief Questions

- What was one new thing you learned about the Center of Transformation?
- Did you know that how we handle food can affect the climate?
- What was one new thing you learned about climate change?
- Did you know that how we handle food can affect the climate?

Outcomes and Actions:

- Increased teen awareness on CoT Program and global climate change.
- Establish a baseline for what teens know about climate change.
- Teen Registration: Make sure all teens completed the online Teen Registration form at: <https://bit.ly/cotregistration>.
- Submit the following:
 - Kahoot! Winners (1st, 2nd, 3rd place) at: <https://forms.office.com/r/PCna8RjjVu>.
 - Project Team Names at: <https://forms.office.com/r/hTPRBuWuv6>.